

Lunch Menu

January – May 2023

SETON CATHOLIC

1	<u>MONDAY</u> Entrée Chicken Tenders Chef Salad Wow Butter & Cheese Stick	<u>TUESDAY</u> Entrée Chicken Quesadilla or Chicken Bowl Taco Salad w/Chips Grilled Cheese	<u>WEDNESDAY</u> Entrée Pancakes w/ Sausage Chef Salad Ham & Cheese Wrap	<u>THURSDAY</u> Entrée Hamburger/Cheese w/trimmings BLT Salad Grilled Cheese	<u>FRIDAY</u> Entrée Little Caesars Pizza Chef Salad Wow butter & Cheese Stick
	Sides Green Beans Mac & Cheese Fresh or Canned Fruit	Sides Fiesta Rice Chips & Salsa Carrots Fresh or Canned Fruit Baked Cookie	Sides Hashbrown Cucumber Wheels Baked Apples Fresh or Canned Fruit	Sides French Fries Baked Beans Fresh or Canned Fruit Sidekick	Sides Tossed Salad Sweet Corn Fresh or Canned Fruit
	Entrée Mini Chicken Sliders Chef Salad Wow Butter & Cheese Stick	Entrée Beef Nachos & Cheese Taco Salad w/Chips Grilled Cheese	Entrée Pasta & Meat Sauce Chef Salad Ham & Cheese Wrap	Entrée Hot Dog on a Bun BLT Salad Grilled Cheese	Entrée Little Caesars Pizza Chef Salad Wow Butter & Cheese Stick
2	Sides Lettuce & Tomato Potato Smiles Steamed Veggies Fresh or Canned Fruit	Sides Fiesta Rice Salsa, Refried Beans Side Salad Fresh or Canned Fruit Baked Cookie	Sides Steamed Broccoli Carrot Sticks Garlic Breadstick Fresh or Canned Fruit Sidekick	Sides Baked Chips Baked Beans Cucumbers Sticks Fresh or Canned Fruit	Sides Tossed Salad Sweet Corn Fresh or Canned Fruit
	Entrée Popcorn Chicken Chef Salad Wow Butter & Cheese Stick	Entree Soft Taco Taco Salad Grilled Cheese	Entrée French Toast Sticks w/Sausage Chef Salad Ham & Cheese Wrap	Entree Sub Sandwich BLT Salad Grilled Cheese	Entree Little Caesars Pizza Wow butter & Cheese Stick Chef Salad
	Sides Green Beans Mashed Potatoes Dinner Roll Fresh or Canned Fruit	Sides Refried Beans w/ cheese Chips & Salsa Sweet Peppers Fresh or Canned Fruit	Sides Hashbrowns Cucumber Wheels Baked Apples Fresh or Canned Fruit	Sides Goldfish Carrot/Celery Fresh or Canned Fruit	Sides Tossed Salad Sweet Corn Fresh or Canned Fruit
3	Entrée Popcorn Chicken Chef Salad Wow Butter & Cheese Stick	Entree Soft Taco Taco Salad Grilled Cheese	Entrée French Toast Sticks w/Sausage Chef Salad Ham & Cheese Wrap	Entree Sub Sandwich BLT Salad Grilled Cheese	Entree Little Caesars Pizza Wow butter & Cheese Stick Chef Salad
	Sides Green Beans Mashed Potatoes Dinner Roll Fresh or Canned Fruit	Sides Refried Beans w/ cheese Chips & Salsa Sweet Peppers Fresh or Canned Fruit	Sides Hashbrowns Cucumber Wheels Baked Apples Fresh or Canned Fruit	Sides Goldfish Carrot/Celery Fresh or Canned Fruit	Sides Tossed Salad Sweet Corn Fresh or Canned Fruit

January 2023						
S	M	T	W	TH	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2023						
S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2023						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

May 2023						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Prices: Breakfast: Paid 2.25 Reduced .30

Lunch: Paid \$3.50 Reduced .40

Staff/Visitors: \$4.75

We encourage every family to complete a free and reduced application which can be done at <http://www.myschoolapps.com> this can qualify families for other federal benefits like P-EBT.

Snacks and extra entrees will only be sold if the account has a positive balance

- Students may choose up to 5 items (1 Entrée, fruit,veggie,milk) per meal for OVS. All managers will have menu boards available or online ordering systems for the students to know what fruits are available daily. Milk is served with all meals. **Menus are changing daily due to availability **

- <http://education.ky.gov/federal/SCN/Pages/USDANondiscriminationStatement.aspx>